

Signs and Symptoms of Pre-Term Labor

For our obstetrical patients 20-35 weeks gestation

Please call the office immediately if any of the following occur:

1. Abdominal, back or upper thigh cramping, tightening or pressure or “balling up” that lasts more than 30 seconds at a time and happens more than 5-6 times per hour
 - a. Drink 16 ounces of water and time the possible contractions and speak with the doctor on call
2. Constant cramping or pressure with large amounts of thin or watery discharge
3. Bleeding like a moderate period or heavier
4. Fluid leaking that continues with underwear change
5. Decreased movements despite paying attention to fetal movements

OFFICE NUMBER: (937) 435-6222

THIS NUMBER WORKS TO CONNECT YOU WITH THE ANSWERING SERVICE AFTER HOURS

IF YOU HAVE NOT HEARD BACK FROM THE ON-CALL DOCTOR WITHIN 20 MINUTES PLEASE CALL BACK

IF YOU HAVE ANY TROUBLE WITH CONNECTING WITH OUR OFFICE YOU MAY CALL LABOR AND DELIVERY AT KETTERING MEDICAL CENTER